

Important information BEFORE you begin BOTOX® treatment

BOTOX® therapy—a commitment to fight Focal Spasticity with everything you've got

Treatments like BOTOX® are often an important part of a Focal Spasticity treatment plan. It may take a few sessions for your doctor to find the best approach and dose for you. It's important to stay committed to your treatment regimen. Be sure to schedule your follow-up appointments before leaving your doctor's office. They include a 4- to 6-week follow-up appointment and your next treatment session no sooner than 12 weeks (once the previous treatment wears off).



It's a procedure that's usually done in the exam room



We use a very fine needle

Only affected muscles will be injected

There are key muscles and injection sites that have been proven to work in 6 separate clinical studies. You and your doctor will discuss which muscles are best to inject and how many injections you will receive based on your treatment goals and condition.



Side effects

The most common side effects in lower limb spasticity include joint pain, back pain, muscle pain, respiratory infection, and injection-site pain. The most common side effects in upper limb spasticity include nausea, tiredness, bronchitis, pain in extremity, and muscle weakness.

Visit BOTOX.com for more information

IMPORTANT SAFETY INFORMATION (continued)

BOTOX® may cause loss of strength or general muscle weakness, vision problems, or dizziness within hours to weeks of taking BOTOX®. **If this happens, do not drive a car, operate machinery, or do other dangerous activities.**

Do not take BOTOX® if you: are allergic to any of its ingredients (see Medication Guide for ingredients); had an allergic reaction to any other botulinum toxin product such as *Myobloc*® (rimabotulinumtoxinB), *Dysport*® (abobotulinumtoxinA), or *Xeomin*® (incobotulinumtoxinA); have a skin infection at the planned injection site.

Important information AFTER you begin BOTOX® treatment



It's important for you to come back no sooner than 12 weeks, once the previous treatment has worn off

Treatment

- You may start to feel results as early as 4 weeks
- You may come in for a follow-up visit about 4 to 6 weeks after your first injection
- Remember that although we will select an initial starting dose based on your symptoms, severity of spasticity, and treatment goals, we may need to adjust this based on your response over time



Follow-up

- We will examine your arm/leg to see if there has been any improvement following your treatment session
- You can ask any questions you might have about your treatment plan
- We will confirm your appointment for the next treatment session



4- to 6-Week Follow-up

- We will examine your arm/leg to see if there has been any improvement following your treatment session
- You can ask any questions you might have about your treatment plan
- We will confirm your appointment for the next treatment session

Re-treatment

- We will talk about how you responded to treatment
- We will determine how much BOTOX® you need and which muscles to inject based on how you're doing
- Once the injection is completed, you'll want to schedule your next follow-up appointment and BOTOX® treatment session before you leave



Each patient is different and it may take a few sessions to find the best approach and dose. Getting treated every 12 weeks (once the previous treatment wears off) may help your doctor find the right dose and muscles.

IMPORTANT SAFETY INFORMATION (continued)

The dose of BOTOX® is not the same as, or comparable to, another botulinum toxin product.

Serious and/or immediate allergic reactions have been reported, including itching, rash, red itchy welts, wheezing, asthma symptoms, or dizziness or feeling faint. Get medical help right away if you experience symptoms; further injection of BOTOX® should be discontinued.

Tell your doctor about all your muscle or nerve conditions such as ALS or Lou Gehrig's disease, myasthenia gravis, or Lambert-Eaton syndrome, as you may be at increased risk of serious side effects including difficulty swallowing and difficulty breathing from typical doses of BOTOX®.

Tell your doctor if you have any breathing-related problems. Your doctor may monitor you for breathing problems during treatment with BOTOX® for spasticity. The risk of developing lung disease in patients with reduced lung function is increased in patients receiving BOTOX®.

Bronchitis and upper respiratory tract infections (common colds) have been reported. Bronchitis was reported more frequently in people receiving BOTOX® for upper limb spasticity. Upper respiratory infections were also reported more frequently in people with prior breathing related problems with spasticity.

Please see additional Important Safety Information about BOTOX® on back page.

Ways to stay on track



Schedule and set a reminder for your next BOTOX® appointment



Visit **BOTOX.com** to take advantage of available BOTOX® support services



Continue with **additional treatment**, as directed by your doctor



Call your doctor with any questions between treatments

IMPORTANT SAFETY INFORMATION (continued)

Tell your doctor about all your medical conditions, including if you: have or have had bleeding problems; have plans to have surgery; had surgery on your face; weakness of forehead muscles; trouble raising your eyebrows; drooping eyelids; any other abnormal facial change; are pregnant or plan to become pregnant (it is not known if BOTOX® can harm your unborn baby); are breastfeeding or plan to (it is not known if BOTOX® passes into breast milk).

Tell your doctor about all the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal products. Using BOTOX® with certain medicines may cause serious side effects. **Do not start any new medicines until you have told your doctor that you received BOTOX® in the past.**

Tell your doctor if you received any other botulinum toxin product in the last 4 months; have received injections of botulinum toxin such as *Myobloc*®, *Dysport*®, or *Xeomin*® in the past (tell your doctor exactly which product you received); have recently received an antibiotic injection; take muscle relaxants; take allergy or cold medicines; take sleep medicine; take aspirin-like products or blood thinners.

Other side effects of BOTOX® include: dry mouth, discomfort or pain at injection site, tiredness, headache, neck pain, and eye problems: double vision, blurred vision, decreased eyesight, drooping eyelids, swelling of eyelids, and dry eyes.

For more information refer to the Medication Guide or talk with your doctor.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see additional Important Safety Information about BOTOX® inside and accompanying full Product Information including Boxed Warning and Medication Guide.

